

# SKY

DELTA

// BOBBY FLAY ON NEW AMERICAN CUISINE

// THE POWER OF PLAY

// TALK SHOW WITH  
CITIZEN USA'S  
ALEXANDRA PELOSI

## AMERICAN ICON

**Ralph Lauren**

and his exhilarating ride  
to the pinnacle of fashion

Stateside  
Summer  
Getaways

Classic Americana Escapes  
from East to West

JULY 2011

# AMERICANA

# Summer

These iconic destinations—each unique, regional and U.S. to their core—are places where time seems to slow down, yet slip away as you lose yourself in vacation mode. Now is your chance to embrace the sun, the sand, the lodges, the mountains and America's many charming Main streets.

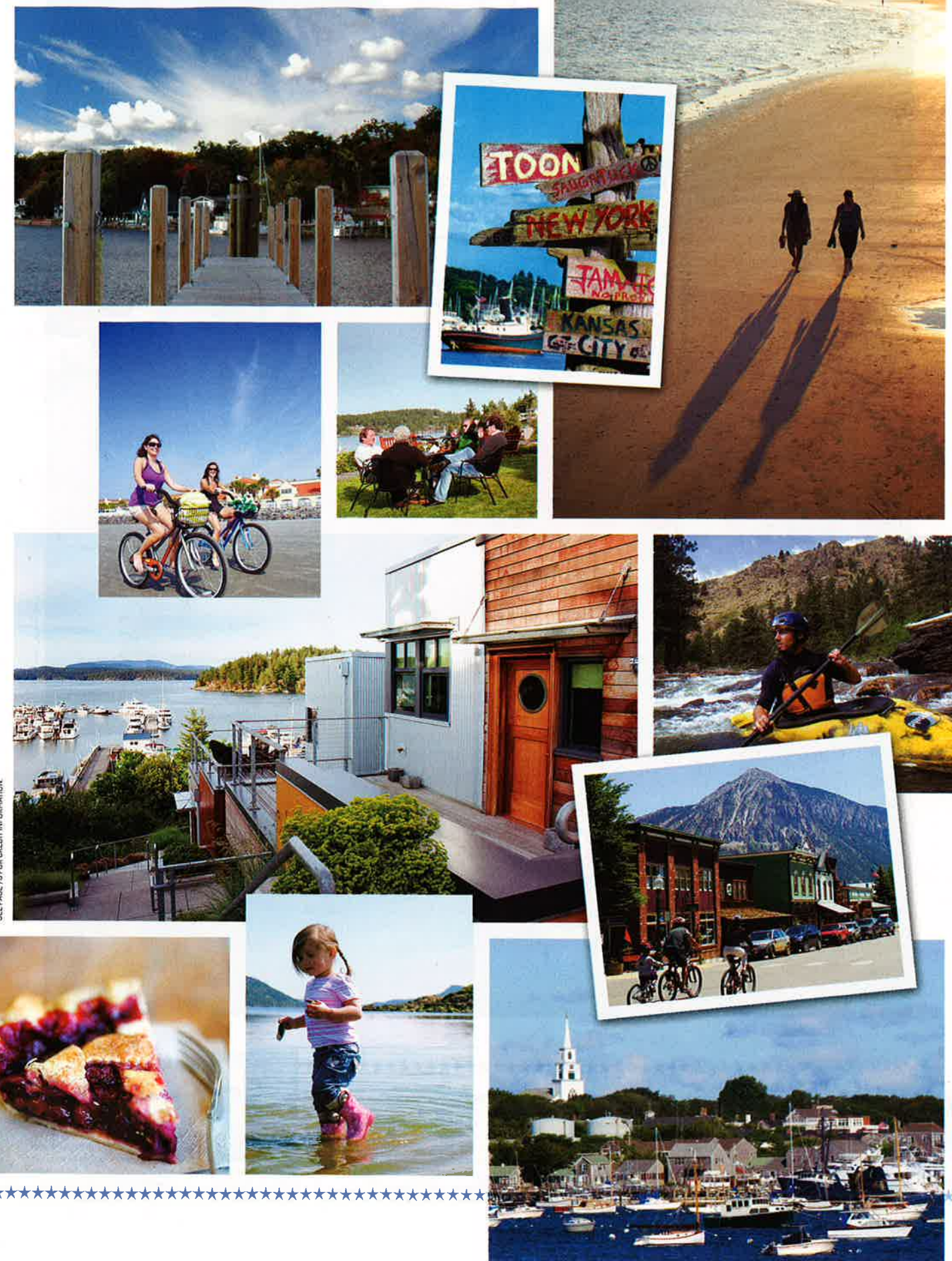
**SAN JUAN ISLANDS**  
*Washington*  
★

**NANTUCKET**  
*Massachusetts*  
★

**GUNNISON/CRESTED BUTTE**  
*Colorado*  
★

**SAUGATUCK**  
*Michigan*  
★

**ST. SIMONS ISLAND**  
*Georgia*  
★



SEE PAGE 76 FOR CREDIT INFORMATION.

Anything goes here, from a day on the lake aboard the *Star of Saugatuck II* to checking the ceramics, glass and jewelry at Good Goods. The French cuisine at Toulouse is best appreciated over live jazz on weekends, and the Butler has an outdoor deck overlooking the harbor, perfect for a lazy summer evening.

For a day trip along the Southwest Michigan Wine Trail, the Tabor Hill Winery is a good starting point. And farther up the coast, in Traverse City, the picturesque Black Star Farms has an equestrian facility along with a winery.

## MORE MIDWESTERN GETAWAYS

**HERMANN, MISSOURI:** Who needs a passport to enjoy a Bavarian beer garden? Hermann is a quaint town about 90 minutes from St. Louis. It is a proud winemaking village with a steady calendar of festivals pouring local products. **The Deutschheim State Historic Site** details the story of how German culture came to thrive in middle America in the 19th century. Cyclists flock to the Katy Trail that runs across the state.

**RAPID CITY, SOUTH DAKOTA:** Rapid City is set on the eastern slope of the Black Hills Mountains, a few miles from **Mount Rushmore, Custer State Park** and **Crazy Horse Memorial**. It's been a tourist town since the late 1800s, with several modern adaptations to the picturesque surroundings, including museums and local shops. Dine on slow food at the **Corn Exchange** and check out the **City of Presidents Public Sculptures**. Custer State Park has four resorts, including **Sylvan Lake Lodge** built by architect Frank Lloyd Wright after the original resort burnt down in 1935.

# ST. SIMONS Island

This island off the coast of Georgia offers seaside splendor, historical intrigue and many opportunities to sit back and relax.

BY GIANNINA SMITH / PHOTOS BY CHRIS M. ROGERS



JUST OVER THE F.J. TORRAS CAUSEWAY TOWARD ST. SIMONS ISLAND, a quaint Georgia beach town emerges that is uniquely different from many of the sandy retreats in nearby Florida. The largest of the Golden Isles—which also include Jekyll Island, Little St. Simons Island and Sea Island—St. Simons was settled by English colonists in 1736 and later used for rice and cotton plantations. It became a resort community in the 20th century, and the exodus from urban sprawl continues today, with stressed-out city dwellers looking to enjoy this unhurried, oceanside haven.

One of the island's most noted historical attractions is Fort Frederica: Built in 1736, it was the center of defense for the English colony of Georgia. Tour the archaeological ruins of the fort before taking a shady drive along The Avenue of the Oaks—once the entrance to an antebellum plantation, this picturesque location now lines the entrance of the exclusive Sea Island Golf Club. For

a bit more history, stop at Christ Church, a Gothic-style structure hidden among the oaks that was the locale for Georgia author Eugenia Price's novel *The Beloved Invader*.

Before heading to the center of activity in St. Simons' pier village, trek up 129 steps to the top of the 1872 St. Simons Lighthouse to get a panoramic view of the coastline and nearby barrier islands. Stroll along the waterfront to the island's bustling pier and take a breather while watching chatty locals reel in buckets of crab and fish.

If the sight of fresh seafood gets your stomach grumbling, head to Mallery Street. For a no-frills, home-cooked breakfast, the 4th of May Deli and Café offers everything from seafood omelets with local shrimp and crab to peanut butter-and-apple French toast. Known for its crab cakes, Barbara Jean's is another good spot for a casual lunch topped off by an indulgent "Chocolate Stuff" dessert. For a more refined repast, book a table at

Halyards, where the island cuisine and wine list earns foodie accolades, or at its sister restaurant Tramici, a local favorite for southern Italian cooked in a wood-burning oven.

After lunch, browse through the village shops, tee off at one of the island's golf clubs or rent a bike from Ocean Motion Surf Co. to pedal along the island's extensive system of paved trails. To cover lots of ground without breaking a sweat, hop on a St. Simons Island Trolley Tour or rent a

## MORE SOUTHEASTERN RETREATS

**CUMBERLAND ISLAND, GEORGIA:** On Georgia's largest and southernmost barrier island, undeveloped beaches and marshes abound. Camp along the shores to catch sight of the island's famous wild horses or settle at the old-world **Greyfield Inn**, a charming mansion-turned-bed-and-breakfast where Carolyn Bessette and John F. Kennedy Jr. held their wedding reception following their nuptials in a nearby chapel. [greyfieldinn.com](http://greyfieldinn.com)

**OUTER BANKS, NORTH CAROLINA:** A thin chain of islands off North Carolina's coast, Outer Banks is home to numerous seaside towns and miles of unspoiled beaches. Drive along Highway 12, beginning in the lively tourist town of **Corolla**, where you can eat, shop and search for the remaining wild horses before heading south to **Duck, Nags Head** and the other picturesque oceanside retreats ideal for watersports and fishing.

**JEKYLL ISLAND, GEORGIA:** Made famous as the winter jaunt of influential American families such as the Rockefellers and Pulitzers, this 5,700-acre island boasts the historic **Jekyll Island Club Hotel** and more than 10 glorious miles of beaches. Spend the day playing croquet on the Victorian hotel's green, golfing on the resort's oceanside 9-hole course or bike the more than 20 miles of paved beach and forest trails. [jekyllclub.com](http://jekyllclub.com)



Clockwise from left: Bikers on the beach in front of the King and Prince Beach and Golf Resort; The King and Prince at night; St. Simons Island Light Station; Chef Dave Snyder's organic, local dish of the day at Halyard's—sautéed flounder over Swiss chard and yellow romano beans with beet purée; The St. Simons pier.



golf cart from High Tide Carts. For water-lovers, a SouthEast Adventure kayak trip will take you through the wildlife marshes, and a ride aboard the *Lady Jane*, a retired 49-passenger steel shrimping vessel, can take you farther out to sea.

After a busy day of activities, head back to your ocean-view room at the Ocean Lodge. An elegant, old-world Europe-inspired bed-and-breakfast, this boutique property is nestled on a sleepy street just steps from the Atlantic. Another stellar option: a room at the historic oceanfront King and Prince Beach and Golf Resort, opened in 1935, or at the quaint Village Inn and Pub, veiled under the live oaks between a park and the village center. For impressive lodgings with a storied past, the properties of Sea Island—The Cloister and The Lodge—will not disappoint. //



To see more photos from each of these locations, go to [deltaskymag.com](http://deltaskymag.com)

